

Dining in Sooke

Dining at new places can be one of the most exciting parts about vacation, but with so many restaurants around how do you decide? Below are some restaurants that have been approved by locals and tourists alike.

For a truly authentic Vancouver Island experience go to **Wild Mountain Restaurant**. Owners Brooke Fader and Oliver Kienast are committed to using as many local ingredients as possible. They believe that flavour begins in the seed and soil; this is seen throughout their menu. Local wines and ciders are a vital part of their menu. Be sure to make a reservation to have the best experience possible.



Route 14 is a great spot for all members of the family to enjoy; they have a kids menu and three TVs where you can watch whatever sports game is going on. All of their seafood is certified ocean wise and they use only free-range eggs. Located in the heart of downtown Sooke, it is the perfect place to enjoy some delicious food.

From farm to plate and from sea to fork, the **West Coast Grill** is committed to providing the finest local ingredients. The view from anywhere in the restaurant is sure to make your visit worthwhile, and with locations in Sooke, Nelson, Kelowna and Cranbrook you can enjoy their delicious food across the province.

Rumoured to be the most beautiful patio on Vancouver Island, **Stickleback West Coast Eatery** will not disappoint. Just five minutes from downtown Sooke you can enjoy locally sourced ingredients in a casual but beautiful atmosphere. Their menu is full of choices to satisfy even the pickiest of eaters in your group.

Sooke is a great place to be for a truly incredible dining experience. These are just a few favourites; there are many more wonderful places to dine in the area.

