

Go Your Own Pace

If you prefer a relaxed-pace style of vacation, do not worry as Sooke has tons of activities for you to enjoy. From kayaking and crabbing to bird watching and beer tasting, Sooke has everything to ensure you have the best vacation possible.

One way to enjoy Sooke at your own pace is to visit the [Sooke Region Museum and Visitor's Centre](#). The museum explains the history of Sooke and Vancouver Island; even if you have been before, they feature new exhibits every year. You are free to move through the museum on your own, focusing on the displays that are most interesting to you.

For a leisurely day on the river, rent a [kayak at West Coast Outdoor Adventure Rentals](#). They rent single and double kayaks, they offer tours from two hours, a half day, full day and two consecutive days. Kayaking is the perfect vacation activity because you are being physically active while enjoying nature.



[Take a stroll through Whiffen Spit beach](#), this beach is fairly populated and has tons of gravel pathways to explore. You will likely see a pod of resident orcas or maybe a bald eagle soaring above you. Bring the dogs and walk this beautiful beach at your own pace.



Head over to [Witty's Lagoon for some bird-watching](#). The park contains over 160 documented species and is considered one of the best places in the region to bird watch. Find out more about the natural and cultural history of Witty's Lagoon at the Nature Information Center. Here you will also find a gorgeous beach and picnic area.

Take the ten minute walk into town to try some [craft beer at Sooke Brewing Company](#). The five owners are local to Vancouver Island, which may surprise you when you see the variety of craft beer they have. From Belgian Blonde Ale to Czech Lager you are sure to find a beer for everyone to enjoy.

Your vacation should be your own to enjoy. These activities are sure to be wonderful and are perfect for those who prefer to travel at their own pace.

